



PETAL
IT FORWARD

Did you know? Flowers reduce stress and create a moment of calm.*

Please keep one flower and give the second to someone else.

Show us your smile at
#PetaltForward

**The Impact of Flowers on Stress Study,
University of North Florida*



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Did you know? Living with flowers provides a boost of energy.*

Please keep one flower and give the second to someone else.

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**Home Ecology of Flowers Study, Massachusetts General Hospital and Harvard Medical School*



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Did you know? Flowers have an immediate impact on happiness.*

Please keep one flower and give the second to someone else.

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**Emotional Impact of Flowers Study,
Rutgers University*