

**Did you know?** Flowers reduce stress and create a moment of calm.\*

Please keep one flower and give the second to someone else.

Show us your smile at #PetalltForward

\*The Impact of Flowers on Stress Study, University of North Florida



**Did you know?** Living with flowers provides a boost of energy.\*

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\*Home Ecology of Flowers Study, Massachusetts General Hospital and Harvard Medical School



**Did you know?** Flowers have an immediate impact on happiness.\*

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